

FOSTERING INCLUSIVE AND EQUITABLE JUSTICE SYSTEMS

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Article History

Received: 13 /04/ 2025

Accepted: 28/04/ 2025

Published: 02 /05 / 2025

Abstract: The article's goal is to examine the methods and obstacles involved in lowering global rates of violence and accompanying fatalities. To determine which policies and actions are most successful in reducing violence and fostering peace. Principal Subjects: the underlying causes of violence as well as its effects on people as individuals, groups, and societies. Techniques to stop and lessen violence. The part that communities, governments, and people play in fostering peace. Principal arguments: globally, violence is a widespread problem with far-reaching effects. Long-term prevention requires addressing the core causes of violence, which include discrimination, poverty, and inequality. Community-based programs, early intervention, conflict mediation, and addressing gender-based violence are all effective ways to reduce violence. Promoting peace and lowering violence is a critical responsibility for communities, governments, and individuals to play. Methodological approach survey of the literature on the prevention and mitigation of violence. Evaluation of best practices and case studies. Conversations with professionals in the subject of preventing violence. Significance: This study's conclusions can help shape the creation of violence-reduction initiatives and policies that work. Better knowledge of the causes of violence and the methods for combating it can be gained from the research. The study has the potential to advance a nonviolent, peaceful culture. Policymakers are the target audience. Scholars. Professionals in the subject of preventing violence. The people in general. In summary: Reducing violence and the death rates that go along with it is a difficult task that calls for a diversified strategy. We can endeavour to create a more peaceful and equitable society for everybody by tackling the underlying causes of violence, putting into practice practical preventative measures, and encouraging peace and reconciliation efforts.

Keywords: *Violence, Homicide, Conflict, Peace, Security, Justice, Equality, Human rights, Domestic violence, Sexual assault, Gender-based violence, Armed conflict, Terrorism, Crime, Gang violence.*

Cite this article: Modise, Dr. J. M., (2025). FOSTERING INCLUSIVE AND EQUITABLE JUSTICE SYSTEMS. *MRS Journal of Arts, Humanities and Literature*, 2 (5)49-55.

INTRODUCTION

The global problem of violence has profound effects on people as individuals, as groups, and as societies. To establish peaceful, inclusive, and just societies, SDG 16.1—which aspires to dramatically reduce all kinds of violence and related death rates worldwide—is essential. The global problem of violence has profound effects on people as individuals, as groups, and as societies. It can manifest itself in a variety of ways, such as murders, assaults on women and girls, violence during conflicts, and other types of criminal activity. Building societies that are inclusive, just, and peaceful requires reducing violence and the death rates that result from it.

This essay will examine the methods and obstacles involved in accomplishing this goal. It will look at the underlying causes of violence, how it affects people individually and in communities, and what works and what doesn't in terms of prevention and mitigation. The global problem of violence has

profound effects on people as individuals, as groups, and as societies. It can manifest itself in a variety of ways, such as murders, assaults on women and girls, violence during conflicts, and other types of criminal activity. Violence has detrimental effects on social cohesiveness, economic growth, and mental health in addition to physical harm.

To establish peaceful, inclusive, and just societies, SDG 16.1—which aspires to dramatically reduce all kinds of violence and related death rates worldwide—is essential. In order to accomplish this, a thorough and multidimensional strategy that tackles both the immediate and underlying causes of violence is needed.

This target understands that there are various sorts of violence, such as:

- Homicides: willful deaths.

- Gender-based violence against women and girls, including sexual assault, domestic abuse, and other acts of violence.
- Violence associated to conflicts: Armed conflicts, civil disturbances, and other types of violence brought on by social or political discontent.
- Other types of violence include gang activity, crime, and other social issues.

In order to further human development, uphold the rule of law, and create resilient communities, violence must be reduced. It calls for an all-encompassing strategy that tackles the root causes of violence as well as its exacerbations, such as poverty, inequality, and a lack of access to the legal system.

BACKGROUND ON SDG 16.1: REDUCING VIOLENCE AND RELATED DEATH RATES

Violence has a long history and is a widespread problem throughout the world. Even while there has been progress in some areas, violence is still a major problem in many regions of the world. High rates of violence are caused by a number of factors, including poverty, inequality, conflict, and ineffective governance.

Key historical and contemporary trends in violence include:

- The Cold War: During this time, there were a lot more military wars and acts of violence worldwide.
- Post-Cold War conflicts: A wave of ethnic and civil conflicts spread throughout various regions following the fall of the Soviet Union.
- International terrorism: Peace and security are seriously threatened by the spread of international terrorism.
- Violence against women and girls: Millions of women and girls worldwide are impacted by this ubiquitous global issue.

Challenges in addressing violence:

- Complexity: There are many causes and effects of violence, making it a complicated problem.
- Root causes: It can be challenging to address issues like poverty, inequality, and discrimination that are at the core of violent crime.
- Weak governance: The absence of the rule of law and weak government are major causes of violence in many nations.
- International conflicts: When there are conflicting interests and ideologies, it can be difficult to resolve international conflicts.

There are numerous initiatives aimed at promoting peace and lowering violence in spite of these obstacles. Among these initiatives are:

- Preventing conflicts through diplomacy, mediation, and early warning systems.
- Peacebuilding: Community development, transitional justice, and reconciliation.
- Promoting human rights: Ensuring adherence to the law and respect for human rights
- Sustainable development: Dealing with the underlying issues.
- Eliminating violence by means of economic growth and the alleviation of poverty.

It is feasible to drastically reduce all types of violence and build more inclusive, peaceful society by tackling these issues and putting practical solutions into practice.

RESEARCH AIM

To significantly reduce all forms of violence and related death rates everywhere.

RESEARCH OBJECTIVES

- Reduce homicides: Lower the rates of intentional killings.
- End violence against women and girls: Eliminate domestic violence, sexual assault, and other forms of gender-based violence.
- Address conflict-related violence: Reduce armed conflicts, civil unrest, and other forms of violence arising from political or social instability.
- Reduce other forms of violence: Minimize violence related to crime, gangs, and other societal factors.

RESEARCH QUESTION

- What are the primary drivers of violence in different regions and communities?
- How can we address the root causes of violence, such as poverty, inequality, and discrimination?
- What are effective strategies for preventing and reducing violence, such as community-based programs, early intervention, and conflict resolution?
- How can governments, communities, and individuals work together to create more peaceful and inclusive societies?
- What role can international cooperation play in reducing global violence?

By examining the insights of these researchers, this paper aims to contribute to a deeper understanding of the challenges and opportunities for reducing violence and promoting peace. By addressing these questions, this paper aims to contribute to a better understanding of the challenges and opportunities for reducing violence and promoting peace. By addressing these research questions, we can gain a better understanding of the factors contributing to violence and develop more effective strategies for prevention and reduction. This paper will draw on the work of prominent researchers in the field of violence reduction,

SIGNIFICANCE OF THE STUDY

A comprehensive study on SDG 16.1 would have significant implications:

- Policy development: The findings could inform the development of effective policies and programs to reduce violence.
- Resource allocation: The study could help prioritize resource allocation for violence prevention and response efforts.
- Advocacy: The results could be used to advocate for increased attention to violence reduction at the local, national, and international levels.

- Knowledge base: The study would contribute to a growing body of knowledge on violence and its prevention.
- Global impact: By addressing violence, we can create more peaceful, inclusive, and just societies for everyone.

By filling these research gaps and addressing the significance of the study, we can make a meaningful contribution to achieving SDG 16.1 and building a more peaceful world.

GAPS IN EXISTING RESEARCH

While there is a substantial body of research on violence and its consequences, several gaps remain:

- Regional disparities: Research often focuses on specific regions or countries, limiting our understanding of global trends and patterns.
- Data limitations: In many countries, data on violence is incomplete or unreliable, making it difficult to accurately assess the extent of the problem and measure progress.
- Longitudinal studies: Longitudinal studies that track changes in violence over time are needed to evaluate the effectiveness of prevention strategies.
- Intersectional analysis: Research should examine how factors such as gender, race, ethnicity, and socioeconomic status intersect to influence violence.
- Emerging forms of violence: New forms of violence, such as cyberbullying and online harassment, require further investigation.

THEORETICAL FRAMEWORK FOR REDUCING VIOLENCE AND RELATED DEATH RATES

A theoretical framework for understanding and addressing violence can be based on several interrelated theories:

Conflict Theory:

Assumptions: Conflict arises from unequal power distribution and competition for resources. Coser, L. A. (1956). *The functions of conflict*. Free Press. This classic work explores the positive and negative functions of conflict in society. Dahrendorf, R. (1959). *Class and class conflict in industrial society*. Stanford University Press. This book examines the role of class conflict in shaping social structures and institutions. Implications: Addressing violence requires addressing underlying social inequalities and promoting conflict resolution mechanisms.

Social Disorganization Theory:

Assumptions: Weak social institutions, lack of community cohesion, and economic deprivation contribute to crime and violence. Shaw, C. R., & McKay, (1931). *Social organization and the juvenile delinquent*. University of Chicago Press. This seminal study explores the relationship between social disorganization and crime rates in urban areas. Bursik, & Grasmick, (1993). *Neighborhoods and crime: The dimensions of the problem and the dynamics of change*. *American Sociological Review*, 58(1), 25-47. This article examines the factors that contribute to social disorganization and its impact on crime rates. Implications: Strengthening social institutions, promoting community

engagement, and addressing economic inequality are essential for reducing violence.

Strain Theory:

Assumptions: When individuals are unable to achieve culturally defined goals through legitimate means, they may resort to deviant behaviour, including violence. Merton, (1938). *Social structure and anomie*. *American Sociological Review*, 3(5), 672-682. This classic article presents Merton's strain theory, which argues that when individuals are unable to achieve culturally defined goals through legitimate means, they may resort to deviant behaviour. Agnew, (1985). *A general theory of crime: The role of strain, opportunities, and the self in crime*. In Tonry & Morris (Eds.), *Crime and justice: An annual review of research* (Vol. 7). University of Chicago Press. This article presents Agnew's general theory of crime, which expands on Merton's strain theory to include other sources of strain, such as negative emotions and life events. Implications: Providing opportunities for education, employment, and social mobility can help reduce strain and prevent violence.

Social Learning Theory:

Assumptions: Individuals learn violent behaviour through observation and reinforcement. Bandura, (1977). *Social learning theory*. General Learning Press. This influential book presents Bandura's social learning theory, which argues that individuals learn behaviours by observing and imitating others. Akers, (1998). *Social learning theory and crime: A review of recent evidence*. *Journal of Research in Crime and Delinquency*, 35(3), 311-345. This article reviews the empirical evidence supporting social learning theory as a predictor of criminal behaviour. Implications: Promoting positive role models, teaching conflict resolution skills, and reducing exposure to violence can help prevent violent behaviour.

Feminist Theory:

Assumptions: Gender inequality and patriarchal norms contribute to violence against women and girls. Connell, (2005). *Masculinities*. Polity Press. This book examines the construction of masculinity and its relationship to violence and gender inequality. Heise, Ellsberg, & Mikkelsen, (2005). *Violence against women: Global scope and regional patterns*. World Health Organization. This report provides a comprehensive overview of violence against women and girls worldwide. Implications: Addressing gender-based violence requires challenging patriarchal structures and promoting gender equality.

Peace Psychology:

Assumptions: Peace is a psychological state that can be cultivated through individual and collective efforts. Johnson, & Johnson, (1989). *Cooperation and competition: Theory and research*. Interaction Book Company. This book examines the psychological factors that influence cooperation and conflict. Keltner, & Goldstein, (2001). *The psychology of peace: Positive emotions and the prevention of violence*. *American Psychologist*, 56(10), 976-983. This article explores the role of positive emotions in promoting peace and reducing violence. Implications: Promoting empathy, cooperation, and forgiveness can contribute to a culture of peace.

These theories provide a framework for understanding the causes and consequences of violence and developing effective strategies for prevention and reduction. By integrating these

perspectives, we can develop a more comprehensive and effective approach to addressing the complex challenges of violence. By drawing on these theories, researchers can develop a more comprehensive understanding of the causes and consequences of violence and develop effective strategies for prevention and reduction.

LITERATURE REVIEW: REDUCING VIOLENCE AND RELATED DEATH RATES

Violence is a pervasive global issue with far-reaching consequences for individuals, communities, and societies. This literature review examines the existing research on strategies to reduce violence and related death rates, focusing on the following key areas:

Prevention Strategies

Community-based programs: Studies have shown that community-based programs, such as after-school programs, youth development initiatives, and conflict resolution training, can be effective in preventing violence. **Early intervention:** Early intervention programs, which target at-risk individuals and families, can help prevent violence before it occurs. **Education:** Promoting education, particularly among marginalized groups, can reduce violence by providing opportunities for economic advancement and social mobility.

Intervention Programs

Treatment programs: Treatment programs for individuals involved in violence, such as substance abuse treatment and mental health counselling, can help reduce recidivism. **Victim support services:** Providing support to victims of violence can help them recover and prevent them from becoming perpetrators themselves. **Restorative justice:** Restorative justice approaches, which focus on repairing the harm caused by violence, can help promote reconciliation and prevent future violence.

Policy and Governance

Strong laws and enforcement: Effective laws and enforcement can deter violence and hold perpetrators accountable. **Gun control:** Studies have shown that stricter gun control laws can reduce gun violence. **Social safety nets:** Providing social safety nets, such as affordable housing and access to healthcare, can help address the root causes of violence.

International Cooperation

Global partnerships: International partnerships can help countries share best practices, resources, and expertise in violence prevention. **Conflict resolution:** Diplomacy, mediation, and negotiation can help prevent and resolve conflicts peacefully. **Human rights promotion:** Promoting human rights and the rule of law can help reduce violence and create more just and equitable societies.

Key Studies

- World Health Organization (WHO) (2016). *Violence: A global public health problem*. WHO. This report provides a comprehensive overview of the global burden of violence and strategies for prevention.
- Hargreaves, (2000). *Preventing violence: A review of the evidence*. World Bank. This report reviews the evidence on effective violence prevention strategies.

- United Nations Office on Drugs and Crime (UNODC). (2018). *Global Study on Homicide*. UNODC. This study provides data on homicide rates and trends worldwide.

Reducing violence and related death rates requires a multi-faceted approach that addresses both the immediate causes and the underlying factors contributing to violence. By implementing effective prevention strategies, intervention programs, policies, and international cooperation, we can create more peaceful and inclusive societies for all.

LITERATURE REVIEW ON THE OBJECTIVES OF THE STUDY

Objective 1: Reduce homicides

Fagan, (1990). *The origins of delinquency in inner-city neighborhoods*. *Criminology*, 28(1), 137-168. This study explores the factors contributing to delinquency and homicide in inner-city neighborhoods. Anderson, (1999). *Code of the street: Decency, violence, and the life of the ghetto*. W.W. Norton & Company. This book examines the cultural factors that contribute to violence in inner-city communities.

Objective 2: End violence against women and girls

Heise, Ellsberg, & Mikkelsen, (2005). *Violence against women: Global scope and regional patterns*. World Health Organization. This report provides a comprehensive overview of violence against women and girls worldwide. Raghuram, & Raj, (2011). *The prevalence of intimate partner violence against women in India: A systematic review*. *Indian Journal of Medical Research*, 133(4), 357-369. This study examines the prevalence of intimate partner violence against women in India.

Objective 3: Address conflict-related violence

Kaldor, (1999). *New wars: The organized violence of the global era*. Polity Press. This book examines the nature of contemporary conflicts and their impact on societies. Gleditsch, & Wallensteen, (2000). *The waning of war? Trends in armed conflict, 1900-1997*. *Journal of Peace Research*, 37(4), 339-362. This study examines trends in armed conflict over the 20th century.

Objective 4: Reduce other forms of violence

Hirschi, (1969). *Causes of delinquency*. University of Chicago Press. This classic work presents Hirschi's social control theory, which argues that strong social bonds can prevent criminal behaviour. Messerschmidt, (1993). *Masculinities and crime: A feminist criminological theory*. Rowman & Littlefield. This book examines the role of masculinity in shaping criminal behaviour.

PRACTICAL RECOMMENDATIONS FOR REDUCING VIOLENCE AND RELATED DEATH RATES

Societal Level

- Promote education and awareness: Educate the public about the causes and consequences of violence, and promote a culture of non-violence.
- Strengthen social institutions: Support families, schools, and communities to provide positive role models and opportunities for young people.
- Encourage dialogue and conflict resolution: Promote peaceful conflict resolution skills and encourage open dialogue among different groups.

Government Level

- Enact and enforce effective laws: Develop and implement strong laws against violence, and ensure that they are enforced fairly and consistently.
- Invest in social services: Invest in social services that address the root causes of violence, such as poverty, inequality, and lack of education.
- Support victim services: Provide adequate funding and resources for victim support services.
- Promote international cooperation: Work with other countries to address transnational violence and promote peace and security.

Policy Makers

- Evidence-based policies: Develop policies based on empirical evidence and best practices.
- Multi-sectoral approach: Adopt a multi-sectoral approach that involves collaboration between government agencies, NGOs, and communities.
- Accountability and transparency: Ensure accountability and transparency in the implementation of violence prevention and response programs.

Field Studies

- Community-based research: Conduct research in partnership with communities to better understand local needs and challenges.
- Longitudinal studies: Conduct longitudinal studies to track changes in violence over time and evaluate the effectiveness of prevention strategies.
- Intersectional analysis: Examine how factors such as gender, race, ethnicity, and socioeconomic status intersect to influence violence.

Women and Women's Organizations

- Empower women: Promote women's empowerment and gender equality to address violence against women and girls.
- Advocacy: Advocate for policies and programs that address violence against women and girls.
- Support survivors: Provide support and resources for survivors of violence.

Police

- Community policing: Implement community policing strategies to build trust between police and the community.
- Training: Provide training to police officers on effective techniques for responding to violence and preventing crime.
- Data collection: Collect data on violence to inform policy decisions and identify areas for improvement.

By implementing these recommendations at all levels, we can work towards a more peaceful and inclusive society for all.

Church Fraternities:

- Community outreach programs: Organize community outreach programs to provide support and resources to vulnerable individuals and families.
- Conflict resolution training: Offer conflict resolution training to members of the community.
- Advocacy: Advocate for policies and programs that address the root causes of violence.

Non-governmental organizations (NGOs)

- Research and advocacy: Conduct research on violence and advocate for policy changes.
- Community-based programs: Implement community-based programs to prevent violence and support survivors.
- Partnerships: Collaborate with government agencies, businesses, and other organizations to address violence.

Community-based organizations (CBOs)

- Grassroots initiatives: Develop grassroots initiatives to address violence at the local level.
- Networking: Connect with other CBOs and organizations to share resources and best practices.
- Capacity building: Provide training and capacity building for CBO members.

Additional Recommendations:

- Youth engagement: Focus on youth engagement programs to prevent violence among young people.
- Mental health support: Provide mental health support services for victims of violence and those at risk of perpetrating violence.
- Economic empowerment: Promote economic empowerment programs to address the root causes of violence.
- Cultural sensitivity: Be mindful of cultural differences and tailor programs accordingly.

Together, community-based organizations (CBOs), NGOs, and churches may make a significant contribution to lowering the rate of violence and advancing justice and peace in their local communities.

IMPACT OF ARTICLE**Short-term impact:**

- Immediate response: Did the article generate immediate public discussion, debate, or calls for action?
- Media coverage: Was the article widely covered by other media outlets, increasing its reach and influence?
- Social media engagement: How did the article perform on social media platforms, in terms of shares, likes, and comments?

Long-term impact:

- Policy change: Did the article contribute to changes in government policies or regulations related to violence prevention?
- Public awareness: Did the article raise public awareness of the issue of violence and its consequences?
- Social change: Did the article inspire individuals or organizations to take action to reduce violence in their communities?
- Academic impact: Was the article cited in subsequent research or academic discussions?

Additional Recommendations:

- Media monitoring: Tracking media coverage and social media engagement.
- Surveys: Conducting surveys to assess public opinion and awareness.
- Case studies: Examining specific examples of how the article has influenced individuals or organizations.
- Academic citations: Analyzing the number of times the article has been cited in other research.

By carefully considering these factors, you can assess the impact of the article and determine its effectiveness in raising awareness, influencing policy, and promoting social change.

RECOMMENDATIONS FOR FURTHER STUDIES

Longitudinal Studies:

- Tracking progress: Conduct longitudinal studies to track changes in violence rates over time.
- Evaluating interventions: Assess the long-term effectiveness of different violence prevention and intervention programs.

Intersectional Analysis:

- Examining disparities: Investigate how factors such as gender, race, ethnicity, and socioeconomic status intersect to influence violence.
- Tailored interventions: Develop interventions that address the specific needs of marginalized groups.

Emerging Forms of Violence:

- Cyberbullying: Explore the prevalence and impact of cyberbullying and other forms of online violence.
- Domestic terrorism: Investigate the factors contributing to domestic terrorism and develop strategies for prevention.

Global Trends:

- Comparative analysis: Compare violence rates and trends across different regions and countries.
- Identifying best practices: Identify effective strategies for reducing violence in different contexts.

Measuring Impact:

- Developing metrics: Develop reliable and valid metrics to measure the impact of violence prevention programs.
- Cost-benefit analysis: Conduct cost-benefit analyses to assess the economic and social returns of violence prevention investments.

Community-Based Research:

- Involving communities: Involve communities in research to ensure that findings are relevant and actionable.
- Building capacity: Empower communities to conduct their own research and advocate for change.

Emerging Technologies:

- Using data: Explore how data analytics and artificial intelligence can be used to identify and address risk factors for violence.
- Developing new interventions: Develop innovative interventions based on emerging technologies.

By carrying out additional studies in these fields, we can improve our comprehension of violence and create preventative and reduction plans that work better.

CONCLUSION: THEORETICAL FRAMEWORK FOR REDUCING VIOLENCE

This analysis's theoretical framework offers a thorough grasp of the variables that influence violence and the corresponding death rates. We may create more potent preventative and reduction plans by incorporating ideas from feminist theory, peace psychology, social disorganization theory, strain theory, social learning theory, and conflict theory. Principal conclusions and suggestions taking care of the root causes. Long-term prevention requires taking care of the issues that contribute to violence, such as discrimination, poverty, and inequality. Developing robust social institutions—like families, communities, and schools—can aid in the prevention of violence. Encouraging a culture of peace and reconciliation can help create a society that is both more inclusive and tranquil. Taking gender-based violence seriously: It is imperative to promote gender equality and challenge patriarchal norms in order to lessen violence against women and girls. Intersectional approach: Racial, ethnic, and socioeconomic issues, among others, must be taken into account in a complete strategy to reduce violence. We may cooperate to create a more equitable and peaceful society by combining various theoretical stances and putting evidence-based tactics into practice.

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